




ACTIVE OLDER ADULTS CALENDAR

RIDGECREST YMCA

MARCH/2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 11-12 UNO FLIP	2 CARDS 10AM	3 11-12 BINGO	4	5
6	7 WALKING CLUB 10 AM	8 11-12 ROCK PAINTING	9 CARDS 10AM	10 11-1 BOTANICAL GARDENS	11	 <p>Like us on: facebook® f</p>
13	14 WALKING CLUB 10 AM	15 11-12 CRAFTS	16 CARDS 10AM	17 11-1 Pot luck!	18	
20	21 WALKING CLUB 10 AM	22 11-12 BINGO	23 CARDS 10AM	24 11-12 UNO	25	6
27	28 WALKING CLUB 10 AM					





ACTIVE OLDER ADULTS CALENDAR

GREATER RIDGECREST YMCA

MARCH/2023

Let's Get Moving! Healthy Living Classes

Walking Club

10 - 11am
Tuesdays

Silver Sneakers

10 - 11am
Mondays, Wednesdays & Fridays

Line Dance

7 - 8pm
Mondays & Thursdays

Chair Yoga

1:45 - 2:45pm
Thursdays

Yoga

10 - 11am

March's Lunch Outing

When: Wednesday, March 17th

Time: 11:30am

Where: Botanical Gardens

12520 Ulmerton Rd,

Largo, FL 33774

Bring your lunch!