



# LAP POOL SCHEDULE

**CITRUS MEMORIAL HEALTH FOUNDATION YMCA**  
**Winter 2022/2023: Effective December 2022**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>5am</b>	Pool opens at 5am Lap Swim (6)	Pool opens at 5am Lap Swim (6)	Pool opens at 5am Lap Swim (6)	Pool opens at 5am Lap Swim (6)	Pool opens at 5am Lap Swim (6)	CLOSED	CLOSED
<b>6am</b>	Masters Swim 6-7:30am (6) Lap Swim (2)	Masters Swim 6:15-7:45am (6) Lap Swim (6)	Masters Swim 6-7:30am (6) Lap Swim (2)	Masters Swim 6:15-7:45am (6) Lap Swim (2)	Lap Swim (6)	CLOSED	CLOSED
<b>7am</b>	Masters Swim 6-7:30am (6) Lap Swim (2)	Masters Swim 6:15-7:45am (6) Lap Swim (2)	Masters Swim 6-7:30am (6) Lap Swim (2)	Masters Swim 6:15-7:45am (6) Lap Swim (2)	Lap Swim (6)	<b>Pool Opens at 7am</b> PYP Swim Team 7:30-9:30am (6) Lap Swim (2)	CLOSED
<b>8am</b>	Lap Swim (6)	Lap Swim (6)	Lap Swim (6)	Lap Swim (6)	Lap Swim (6)	PYP Swim Team 7:30-9:30am (6) Lap Swim (2)	CLOSED
<b>9am</b>	Water Exercise 9-10am (5) Lap Swim (3)	Swim Lessons 9-10am (2) Lap Swim (6)	Water Exercise 9-10am (5) Lap Swim (3)	Swim Lessons 9-10am (2) Water Exercise 9:45-10:45am (4) Lap Swim (2)	Water Exercise 9:45-10:45am (5) Lap Swim (3)	PYP Swim Team 7:30-9:30am (6) Swim Lessons 9-11:45am (2)	CLOSED
<b>10am</b>	CCSB Water Safety 10am-1pm (2) Lap Swim (2)	CCSB Water Safety 10am-1pm (2) Lap Swim (6)	CCSB Water Safety 10am-1pm (2) Lap Swim (2)	Water Exercise 9:45-10:45am (4) CCSB Water Safety 10am-1pm (2) Lap Swim (2)	Water Exercise 9:45-10:45am (5) Lap Swim (2)	Swim Lessons 9-11:45am (2) Lap Swim (6)	CLOSED
<b>11am</b>	Water Exercise 11-12pm (5) CCSB Water Safety 10am-1pm (2) Lap Swim (1)	CCSB Water Safety 10am-1pm (2) Lap Swim (4)	Water Exercise 11-12pm (5) CCSB Water Safety 10am-1pm (2) Lap Swim (1)	CCSB Water Safety 10am-1pm (2) Lap Swim (4)	Lap Swim/ Exercise (6)	Water Aerobics 11:15-12:15pm (5) Swim Lessons 9-11:45am (2) Lap Swim (1)	<b>Pool opens at 11am</b> Lap Swim (6) Family Swim (2)
<b>12pm</b>	CCSB Water Safety 10am-1pm (2) Lap Swim (4)	CCSB Water Safety 10am-1pm (2) Lap Swim (4)	CCSB Water Safety 10am-1pm (2) Lap Swim (4)	CCSB Water Safety 10am-1pm (2) Lap Swim (4)	Lap Swim/ Exercise (6)	Water Aerobics 11:15-12:15pm (4) Lap Swim (4)	Lap Swim (6) Family Swim (2)

- (#) = Number of lanes available
- Pool schedule is subject to change

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>1pm</b>	Lap Swim (6) Family Swim (2)	Lap Swim (6) Family Swim (2)	Lap Swim (6) Family Swim (2)	Lap Swim (6) Family Swim (2)	Lap Swim (6) Family Swim (2)	Lap Swim (6) Family Swim (2)	Lap Swim (6) Family Swim (2)
<b>2pm</b>	Lap Swim (6) Family Swim (2)	Lap Swim (6) Family Swim (2)	Lap Swim (6) Family Swim (2)	Lap Swim (6) Family Swim (2)	Lap Swim (6) Family Swim (2)	Lap Swim (6) Family Swim (2)	Lap Swim (6) Family Swim (2)
<b>3pm</b>	PYP Advanced 3:30-5:30pm (6) Lap Swim (2)	PYP Advanced 3:30-5:30pm (6) Lap Swim (2)	PYP Advanced 3:30-5:30pm (6) Lap Swim (2)	PYP Advanced 3:30-5:30pm (6) Lap Swim (2)	PYP Advanced 3:30-5:30pm (6) Lap Swim (2)	Lap Swim (6) Family Swim (2)	Lap Swim (6) Family Swim (2)
<b>4pm</b>	PYP Advanced 3:30-5:30pm (6) Lap Swim (2)	PYP Advanced 3:30-5:30pm (6) Lap Swim (2)	PYP Advanced 3:30-5:30pm (6) Lap Swim (2)	PYP Advanced 3:30-5:30pm (6) Lap Swim (2)	PYP Advanced 3:30-5:30pm (6) Lap Swim (2)	Lap Swim (6) Family Swim (2)	Lap Swim (6) Family Swim (2)
<b>5pm</b>	PYP Advanced 3:30-5:30pm (6) PYP Age Group 5:30-7pm (6) Lap Swim/ Exercise (2)	PYP Advanced 3:30-5:30pm (6) PYP Age Group 5:30-7pm (6) Swim Lessons 5:30-7:30pm (2)	PYP Advanced 3:30-5:30pm (6) PYP Age Group 5:30-7pm (6) Lap Swim/ Exercise (2)	PYP Advanced 3:30-5:30pm (6) PYP Age Group 5:30-7pm (6) Swim Lessons 5:30-7:30pm (2)	PYP Advanced 3:30-5:30pm (6) Lap Swim / Exercise (2)	Lap Swim (6) Family Swim (2)	Lap Swim (6) Family Swim (2)
<b>6pm</b>	PYP Age Group 5:30-7pm (6) Lap Swim/ Exercise (2)	PYP Age Group 5:30-7pm (6) Swim Lessons 5:30-7:30pm (2)	PYP Age Group 5:30-7pm (6) Lap Swim/ Exercise (2)	PYP Age Group 5:30-7pm (6) Swim Lessons 5:30-7:30pm (2)	Lap Swim (6)	Lap Swim (6) Family Swim (2) <b>POOL CLOSSES at 5:30pm</b>	Lap Swim (6) Family Swim (2) <b>POOL CLOSSES at 5:30pm</b>
<b>7pm</b>	Lap Swim (6)	Swim Lessons 5:30-7:30pm (2) Lap Swim (4)	Lap Swim (6)	Swim Lessons 5:30-7:30pm (2) Lap Swim (4)	Lap Swim (6)	<b>CLOSED</b>	<b>CLOSED</b>
<b>8pm</b>	Lap Swim (6) <b>POOL CLOSSES at 9pm</b>	Lap Swim (6) <b>POOL CLOSSES at 9pm</b>	Lap Swim (6) <b>POOL CLOSSES at 9pm</b>	Lap Swim (6) <b>POOL CLOSSES at 9pm</b>	Lap Swim (6) <b>POOL CLOSSES at 8:30pm</b>	<b>CLOSED</b>	<b>CLOSED</b>

## WEEKLY COMPETITION POOL HOURS

Mon-Thurs: 5am-9pm | Fri: 5am-8:30pm | Sat: 7am-5:30pm | Sun: 11am-5:30pm