



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

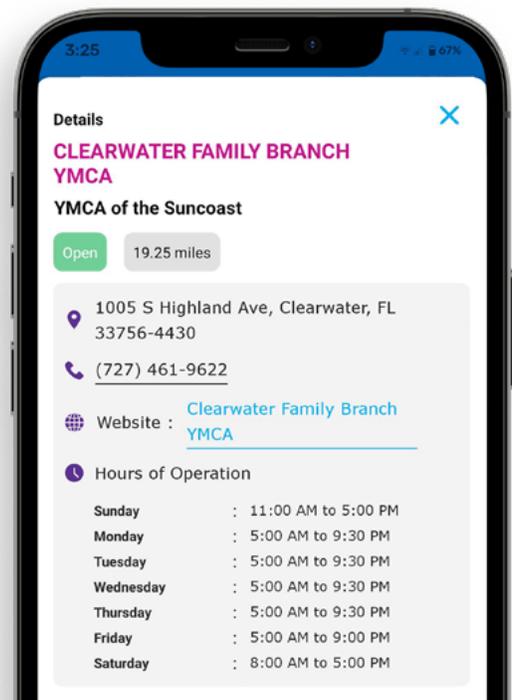
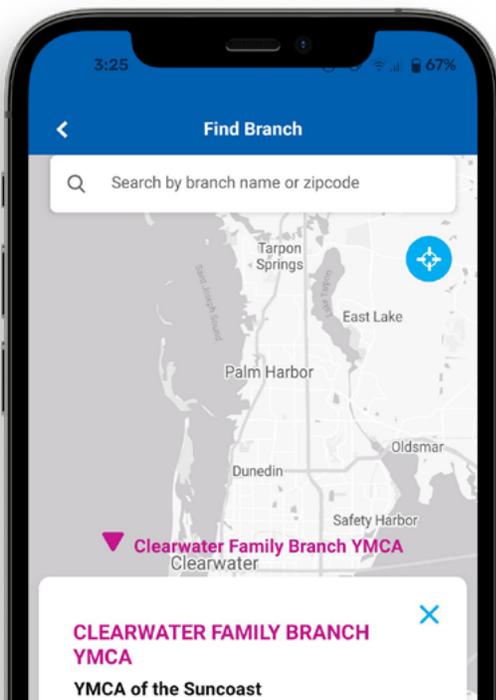
YMCA UNIVERSAL APP How-To Guide

DOWNLOAD



FIND YOUR BRANCH

Search your nearest branch by either a branch name or ZIP code, and get the branch details.

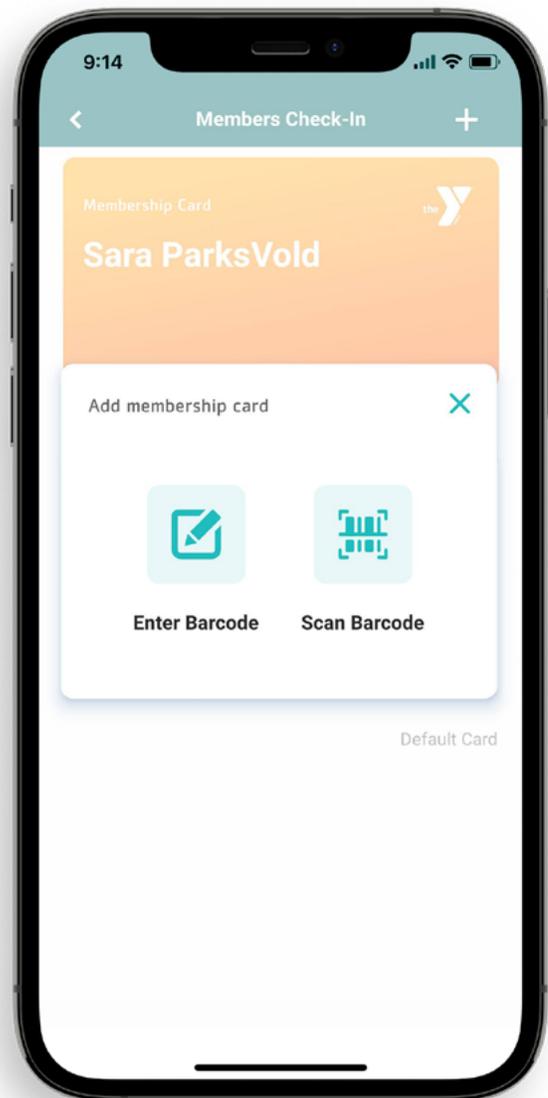
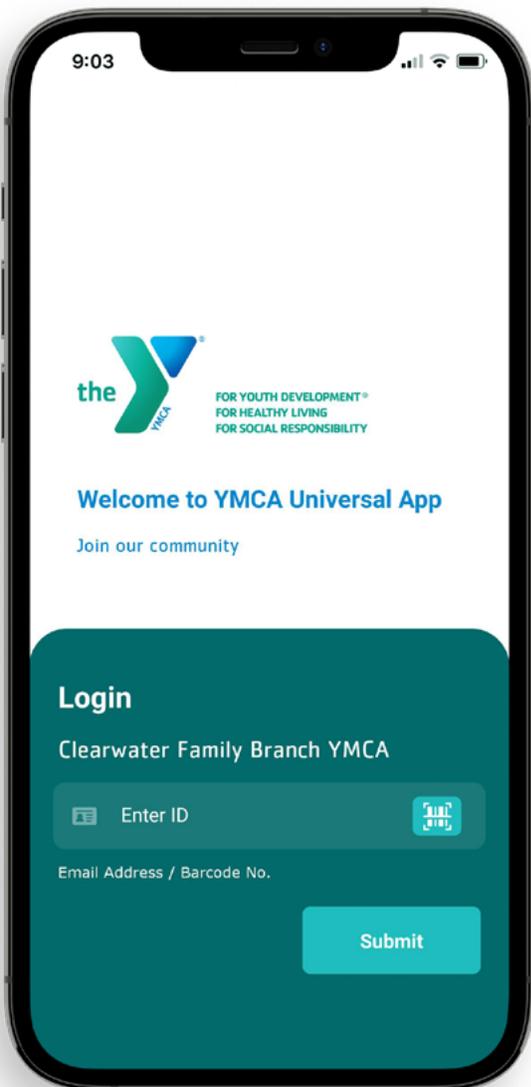


ADD MEMBERS

Enter your email address or scan the barcode on your keytag to get signed-in.

Additional members can be added by:

- » Selecting the Check-in button on the home screen
- » Tapping the “+” icon
- » Entering barcode for all additional members associated with your membership



FIND CLASSES

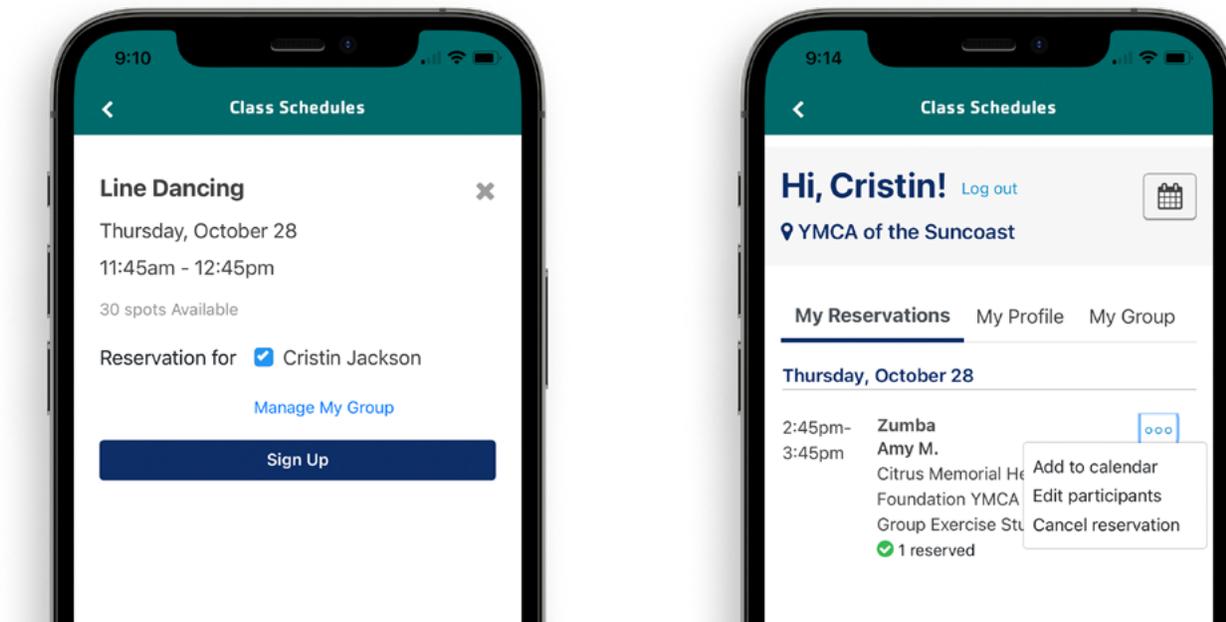
On the home screen select "Class Schedules"

Narrow your classes by selecting your location and day



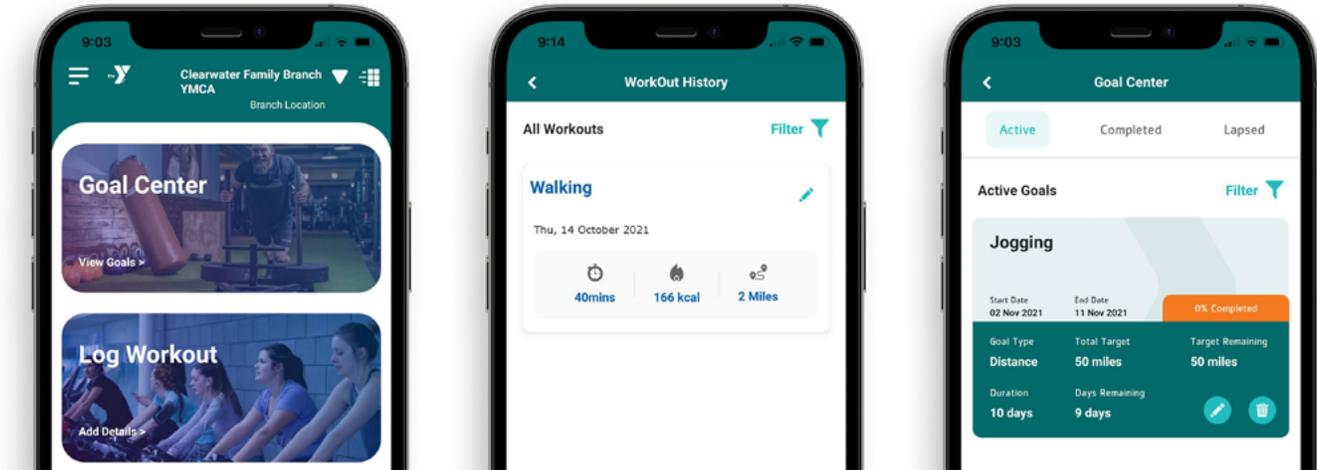
RESERVE CLASSES

- » Tap "Sign Up" next to the class you would like to reserve a spot in
- » To complete/confirm your reservation you will need to log-in or create a Group Ex Pro account. Upon making a reservation you will receive email confirmation within 5 minutes
- » Manage your reservations on the Group Ex Pro home screen by tapping this icon  Here you can cancel, edit or add your reservation to your calendar



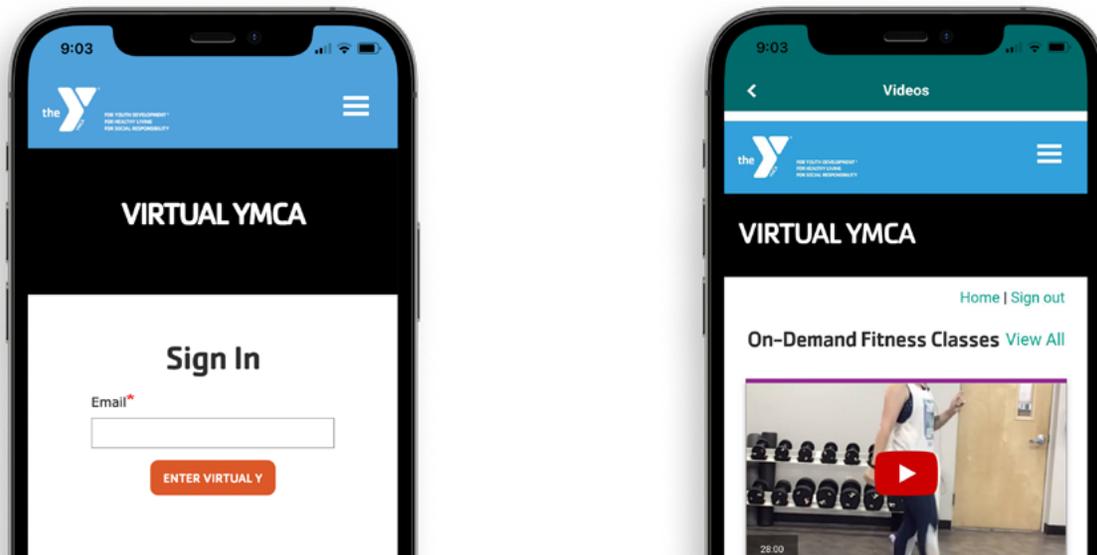
SET GOALS & TRACK WORKOUTS

“My Wellness” allows you to set fitness goals, log workouts and track your progress.



GET VIDEOS ON DEMAND

- » From the home screen, select “On Demand”
- » Sign-in with your email address and access our library of guided workout videos from home



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