



KEEPING YOUR FAMILY HEALTHY AND SAFE

Program Adjustments during COVID-19

SCREENING, HEALTH, AND SAFETY

- All staff will report for a wellness check -in when arriving for shift.
- Youth that are unwell should remain at home and not be sent to the YMCA program.
- All guardians and youth will be asked wellness check questions when they arrive at the YMCA.
- Anyone on site that exhibits COVID-19 symptoms or has a fever of over 100.4° F will be sent home.
- Parents, participants and staff will practice social distancing as much as possible. Youth will be assigned to a team that follows CDC and local health department guidance on group sizes. We will maintain a ratio of one adult for each team of 15 children.
- Youth with a high risk of complications from COVID-19 infection, or who are living with a high risk Individual should consult their physician for advice prior to registering for the Youth Sports program.



COMMUNICATION



Important information, notifications, and updates regarding our Youth Sports Programs will be sent to the email address that your family has on file with the YMCA.



Visit our website at ymcasuncoast.org for details on all our services and programs.



Follow us on Facebook at facebook.com/YMCA of the Suncoast to stay connected!



PRACTICE AND GAME DAYS

- For practices players MUST bring their own ball; and only that player may use the ball they bring. Siblings may share equipment. Game balls will be cleaned during timeouts and before and after each game.
- There will be markings placed around the gym or field spaced 6 feet apart where the parents must sit or stand to watch their child. To encourage social distancing, please limit spectators to two per child.
- Face coverings are required to be worn by all staff, volunteers, parents, and youth if they are not practicing or in the game, while indoors and will be encouraged outdoors.
- Parents are required to bring their own chairs to sit.
- Players are recommended to bring their own hand sanitizer with them; however if they do not bring hand sanitizer with them the coaches will ensure that during breaks their players will use the hand sanitizer located in a designated space in the gym or on the field.
- Coaches will conduct practice for 60 minutes. Upon ending practice players will go to their parents and everyone will clear the gym or field. Please no socializing after practices or games.



FACECOVERINGS are required to be worn by all staff, volunteers, spectators, and youth if they are not practicing or in the game, while indoors and will be encouraged outdoors.

CLEANING AND SANITIZING

- Common areas will be sanitized prior to programs starting and continue as scheduled throughout the program.
- Parents, participants and staff will have regular access to hand washing and/or sanitizing supplies and be reminded to practice healthy habits, such as handwashing when practice or games are over.
- Supplies and other commonly touched surfaces will be sanitized by staff.



These are examples of the many guidelines designed to help prevent the spreading of COVID-19 while still providing an opportunity for youth to participate in the positive benefits of the YMCA Youth Sports program experience. These guidelines are subject to be updated if conditions or recommendations from the State of Florida, CDC, Local Health Department, and the School Board.

YMCA OF THE SUNCOAST – YOUTH SPORTS PROGRAMS

Serving Citrus, Hernando, Pasco, and Pinellas Counties

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