



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# CONNECT TO THE CAUSE

THE IMPACT OF YOUR GIFT TO THE HIGH POINT YMCA

SUMMER 2019

## MISSION MOMENT BEST SUMMER EVER™



At the High Point YMCA, Summer Camp is an amazing opportunity for the children to not just have fun and make new friends, but also to build character, self-esteem, and relationships. One camper, Violet, has become a favorite of staff and kids alike. Violet is on the autism spectrum, and when she strays from the group, her fellow campers are quick to look out for her and notify a leader. To build self-esteem, the Head Counselor, Mrs. McIntosh, has all of the children look in the mirror and repeat self-boosting

statements. A special time for everyone is when Mrs. McIntosh has Violet look in the mirror and repeat after her, "I am beautiful." Violet gets the biggest, but sheepish grin on her face when she repeats, "I am cute." Violet has been accepted, become a friend, and made a lasting impact on all those around her. Happy Summer from your Y, making a difference in our community one beautiful child at a time!

### DID YOU KNOW....

Together, we are building a better us. Here are some highlights of a few of the amazing programs the High Point YMCA is offering to your community.

#### SWIM LESSONS

The earth is 71% water; children are 100% curious. The High Point YMCA is offering FREE swim lessons to help the children in our community learn how to be safe in and around water.

#### EARLY LEARNING READINESS

This FREE program is for caregivers, parents, and their children, five and under. It is designed to help children enter school ready to succeed and to give parents and caregivers the skills necessary to encourage learning.

#### TAKE A TOUR TODAY!

Please contact Brad Barnes, Executive Director, at [bbarnes@suncoastymca.org](mailto:bbarnes@suncoastymca.org) or call (727) 507-9622 if you would like a personal tour of the High Point YMCA!

Our mission is to put Christian principles into practice through programs that build healthy spirit, mind and body for all.

# ADVISORY COUNCIL PROFILE



## Jacob Stowers

Jacob (Jake) Stowers was first introduced to the Y in his youth. He and his wife, Jennifer, live in the Largo area with their two children. Jake is the Vice President of Development for CHAF Properties, who owns many of the homes around the High Point YMCA. While working for CHAF Properties, Jake was able to see firsthand the difference the Y was making in the lives of the families in the community, and he wanted to be a part of it. As an advisory council member and supporter of the Y, Jake's favorite part is being able to make it possible for the children who live by High Point to be able to attend summer camp and enjoy all of the nurturing and fun opportunities summer camp has to offer like field trips, safety around water and much more!

## ANNOUNCING OUR VOLUNTEERS OF THE YEAR!



**TORI  
KACSANDI**



**JAKOB  
LEE**

### ADVISORY COUNCIL MEMBERS

Radiah Dent-Palmer\*

Jacob Stowers

Nancy Kuni  
Hadid and Associates

Melody Mendoza  
High Point Elementary

\*Advisory Council Chair

### HIGH POINT YMCA SENIOR STAFF

**Brad Barnes**  
Executive Director

**Carlos Mercado**  
Program Director

**Tameshia Williams**  
Business Director

**Sheri Jenney**  
Fitness Coordinator

### WAYS TO PARTNER

Did you know there are many ways you can give to your local Y? How about gifting stock, matching gifts through your employer and more. For more information visit [ymcasuncoast.org/give-better-us](https://ymcasuncoast.org/give-better-us) or contact Brad Barnes at [bbarnes@suncoastymca.org](mailto:bbarnes@suncoastymca.org) or (727) 507-9622.