



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

CONNECT TO THE CAUSE

INFORMING DONORS OF THEIR GIFTS TO THE NORTH PINELLAS YMCA

SUMMER 2019

LIVESTRONG® AT THE YMCA



MEET
JIM FELDMAN

Jim Feldman is a participant in our LIVESTRONG® at the YMCA program. He is recently cancer free! According to Jim, "after starting the program, I noticed very quickly that I began to regain my strength and center of balance. I feel more energetic and walk with less pain. And best of all, I have built many lasting bonds and friendships here." Jim has so many good things to say about the program and his coach. He is highly motivated to promote LIVESTRONG® at the YMCA and continue working out once the session ends. Way to go Jim! This program wouldn't exist without the support of generous donors.

LIVESTRONG® at the YMCA, a small-group program developed and established in partnership with the LIVESTRONG® Foundation, assists those who are living with, through, or beyond cancer to strengthen their spirit, mind and body.

DID YOU KNOW...



- \$50 helps a child learn how to be safe around water through swim lessons.
- \$200 helps 2 children make life-long friendships and memories at summer camp.



- \$500 helps 3 teens develop leadership and community engagement skills at the Blue Ridge Leaders School.
- \$1500 helps 3 cancer survivors build strength through LIVESTRONG® at the YMCA.

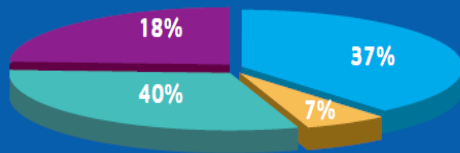
Our mission is to put Christian principles into practice through programs that build healthy spirit, mind and body for all.

MY Y WEEK WAS APRIL 6-12!!!

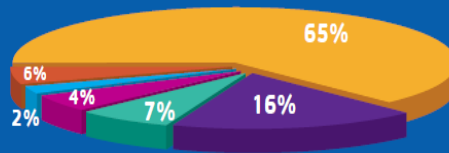
My Y Week was a chance to celebrate what makes our Y special: our members, our staff and the impact we have on both individuals and the community! Events during and around My Y Week support our Annual Campaign.

100% of the contributions collected through My Y Week, and our entire Annual Campaign, are used to provide financial support for our community and members in need. Donations directly influence someone else's ability to enjoy the benefits that The Y provides.

How your gifts help...



Your membership fees pay for...



- Memberships for children, seniors and families
- Staffing, benefits and contract labor
- Programs for youth and teens, including swim, special needs and sports
- Facility costs (utilities, equipment, maintenance, supplies)
- School age care for children and summer camp
- Program and services expenses (program supplies, office expenses)
- Healthy living initiatives, including childhood obesity, diabetes and chronic disease prevention and senior wellness
- Financing
- Communications and marketing
- Dues, fundraising and overhead

ADVISORY COUNCIL MEMBERS

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- Shannon Cuomo*
- Judy Davis
- Jason Dukas
- Alan Everton
- Kelly Ford
- Georgeann Hull
- David John
- Eva Krutchik
- Ken Kunsman
- Dean McSpadden
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- Jessica Serrano
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- Veronica Condren**
Program Director
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- Jillian Coleman**
Healthy Living Director
- Nick Fitzgerald**
District Property Director
- Kylie Bryan**
Youth Director

ANNOUNCING OUR VOLUNTEERS OF THE YEAR!



**SHANNON
CUOMO**



**HAILEY
CARR**