



Weekly Lap Pool Hours
Monday-Friday 5:00AM-9:30PM
Saturday 7:00AM-5:30PM
Sunday 11:00PM-5:30PM

LAP POOL SCHEDULE

Citrus Memorial Health Foundation Branch

October-February
2018-19

October 25th – February 28th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 am	POOL OPENS AT 5:00AM Lap Swim 5 Lanes	POOL OPENS AT 5:00AM Lap Swim 5 Lanes	POOL OPENS AT 5:00AM Lap Swim 5 Lanes	POOL OPENS AT 5:00AM Lap Swim 5 Lanes	POOL OPENS AT 5:00AM Lap Swim 5 Lanes	CLOSED	CLOSED
6:00 am	Masters Swim 6:15-7:30am Lap Swim 3 Lanes	Lap Swim 5 Lanes	Masters Swim 6:15-7:30am Lap Swim 3 Lanes	Lap Swim 5 Lanes	Lap Swim 5 Lanes	CLOSED	CLOSED
7:00 am	Masters Swim 6:15-7:30am Lap Swim 3 Lanes	Lap Swim 5 Lanes	Masters Swim 6:15-7:30am Lap Swim 3 Lanes	Lap Swim 5 Lanes	Lap Swim 5 Lanes	POOL OPENS AT 7:00AM Lap Swim 5 Lanes	CLOSED
8:00 am	Lap Swim 5 Lanes	Aqua Yoga 8:00-8:45 am Lap Swim 5 Lanes	Lap Swim 5 Lanes	Lap Swim 5 Lanes	Aqua Yoga 8:30-9:15am Lap Swim 5 Lanes	Lap Swim 5 Lanes	CLOSED
9:00 am	Water Exercise 9:00-9:45am Lap Swim 2 Lanes	Swim Lessons 9:00- 10:00am Lap Swim 2 Lanes	Water Exercise 9:00-9:45am Lap Swim 2 Lanes	Swim Lessons 9:00-10:00am Lap Swim 2 Lanes	Aqua Yoga 8:30-9:30am Swim Lessons* 9:00-10:00am Lap Swim 2 Lanes	Swim Lessons 9:00-9:30am Lap Swim 2 Lanes	CLOSED
10:00 am	CCSB Water Safety 10:00-1:00pm Lap Swim 2 Lanes	CCSB Water Safety 10:00-1:00pm Lap Swim 2 Lanes	CCSB Water Safety 10:00-1:00pm Lap Swim 2 Lanes	CCSB Water Safety 10:00-1:00pm Lap Swim 2 Lanes	CCSB Water Safety* 10:00-1:00pm Lap Swim 2 Lanes	Swim Lessons 10:00-10:30am Lap Swim 2 Lanes Water Exercise 10:00-10:45 am	CLOSED
11:00am	CCSB Water Safety 10:00-1:00pm SilverSplash 11:00-11:45am Lap Swim 1 Lane	CCSB Water Safety 10:00-1:00pm Deep Water Ex 11:00-11:45am Lap Swim 1 Lane	CCSB Water Safety 10:00-1:00pm SilverSplash 11:00-11:45am Lap Swim 1 Lane	CCSB Water Safety 10:00-1:00pm Deep Water Ex 11:00-11:45am Lap Swim 4 Lanes	CCSB Water Safety* 10:00-1:00pm Aqua Dance 11:15-12:00pm Lap Swim 2 Lanes	Swim Lessons 11:00-11:30am Lap Swim 2 Lanes	POOL OPENS AT 11:00AM Family Swim Lap Swim 4 Lanes
12:00 pm	CCSB Water Safety 10:00-1:00pm Lap Swim 3 Lanes	CCSB Water Safety 10:00-1:00pm Lap Swim 3 Lanes	CCSB Water Safety 10:00-1:00pm Lap Swim 3 Lanes	CCSB Water Safety 10:00-1:00pm Lap Swim 3 Lanes	CCSB Water Safety 10:00-1:00pm Lap Swim 3 Lanes	Family Swim Lap Swim 4 Lanes	Family Swim Lap Swim 4 Lanes

*Make-up Swim Lessons as needed due to Weather

- Competition Pool will be used for Exercise ONLY during Swim Team Practice; Family Swim is available in Family Pool
- LHS Swim Team Practice will continue M-F from 3:30pm to 5:30pm until 11/9.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1:00 pm	Family Swim Lap Swim 4 Lanes	Family Swim Lap Swim 4 Lanes	Family Swim Lap Swim 4 Lanes	Family Swim Lap Swim 4 Lanes	Family Swim Lap Swim 4 Lanes	Family Swim Lap Swim 4 Lanes	Family Swim Lap Swim 4 Lanes
2:00 pm	Family Swim Lap Swim 4 Lanes	Family Swim Lap Swim 4 Lanes	Family Swim Lap Swim 4 Lanes	Family Swim Lap Swim 4 Lanes	Family Swim Lap Swim 4 Lanes	Family Swim Lap Swim 4 Lanes	Family Swim Lap Swim 4 Lanes
3:00 pm	Family Swim Lap Swim 4 Lanes	Family Swim Lap Swim 4 Lanes	Family Swim Lap Swim 4 Lanes	Family Swim Lap Swim 4 Lanes	Family Swim Lap Swim 4 Lanes	Family Swim Lap Swim 4 Lanes	Family Swim Lap Swim 4 Lanes
4:00 pm	Family Swim Lap Swim 4 Lanes	Family Swim Lap Swim 4 Lanes	Family Swim Lap Swim 4 Lanes	Family Swim Lap Swim 4 Lanes	Family Swim Lap Swim 4 Lanes	Family Swim Lap Swim 4 Lanes	Family Swim Lap Swim 4 Lanes
5:00 pm	Swim Lessons 5:30-6:00pm PYP Swim Team 5:30pm-7:30pm	Cardio Fitness Water Aerobics 5:45-6:30pm Lap Swim 4 Lanes	Swim Lessons 5:30-6:00pm PYP Swim Team 5:30pm-7:30pm	Cardio Fitness Water Aerobics 5:45-6:30pm Lap Swim 4 Lanes	Swim Lessons* 5:30-6:00pm PYP Swim Team 5:30pm-7:30pm	Family Swim Lap Swim 2 Lanes POOL CLOSES AT 5:30PM	Family Swim Lap Swim 2 Lanes POOL CLOSES AT 5:30PM
6:00 pm	Swim Lessons 6:15-6:45pm Family Swim Lap Swim 2 Lanes	Cardio Fitness Water Aerobics 5:45-6:30pm Lap Swim 4 Lanes	Swim Lessons 6:15-6:45pm Family Swim Lap Swim 2 Lanes	Cardio Fitness Water Aerobics 5:45-6:30pm Lap Swim 4 Lanes	Swim Lessons* 6:30-6:45pm Family Swim Lap Swim 2 Lanes	CLOSED	CLOSED
7:00 pm	Swim Lessons 7:00-7:30pm Family Swim Lap Swim 2 Lanes	Family Swim Lap Swim 4 Lanes	Swim Lessons 7:00-7:30pm Family Swim Lap Swim 2 Lanes	Family Swim Lap Swim 4 Lanes	Swim Lessons* 7:00-7:30pm Family Swim Lap Swim 2 Lanes	CLOSED	CLOSED
8:00 pm	Family Swim Lap Swim 4 Lanes	Masters Swim 8pm-9:15pm 4 lanes Lap Swim 2 Lanes	Family Swim Lap Swim 4 Lanes	Masters Swim 8pm-9:15pm 4 lanes Lap Swim 2 Lanes	Family Swim Lap Swim 4 Lanes	CLOSED	CLOSED
9:00 pm	Family Swim Lap Swim 4 Lanes POOL CLOSES 9:30PM	Masters Swim 8pm-9:15pm 4 lanes Lap Swim 2 Lanes POOL CLOSES 9:30PM	Family Swim Lap Swim 4 Lanes POOL CLOSES 9:30PM	Masters Swim 8pm-9:15pm 4 lanes Lap Swim 2 Lanes POOL CLOSES 9:30PM	Family Swim Lap Swim 4 Lanes POOL CLOSES 9:30PM	CLOSED	CLOSED

***Make-up Swim Lessons as needed due to Weather**

- Tuesdays and Thursdays August 28th though October 18th Pools will be closing at 5:30pm for Varsity Swim Meets
- Competition Pool will be used for Exercise ONLY during Swim Team Practice; Family Swim is available in Family Pool