



JOIN TOGETHER

When you become a Y member, **you join a community-strengthening organization that welcomes all.** People typically join for a specific reason but stay with the Y for the sense of belonging, the support they receive, and many other things we do together to strengthen our community.

We want your Y experience to make you feel **CONNECTED.** Not just to the Y, but to other members. Here are ways to connect with the Y and help build a stronger community:

- » **Volunteer** – Serve as a coach or mentor. Join a community service project.
- » **Join** – Participate in a social group.
- » **Invite** – On your next visit, bring along a friend or family member.
- » **Share** – Ask a staffer about their favorite “Y Story.”
- » **Visit** – Check out another Y when you are traveling or on vacation.



CONNECTING FOR A STRONGER COMMUNITY

January 21 is **Martin Luther King, Jr. Day** and is a great day to give back to your community. Ask staff about volunteer opportunities. Or consider joining the **YMCA Advocates Action Network** to help the Y advance policies that enable communities to thrive.

