

FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY





MEMBERNEWS JAN 2019 FIND MORE UMPERIONS AT U

We want your Y experience to make you feel **CONNECTED**. Not just to the Y, but to other members. Here are ways to connect with the Y and help build a stronger community:

> **Volunteer** – Serve as a coach or mentor. Join a community service project.

Invite – On your next visit, bring along a friend or family member.

Share – Ask a staffer about their favorite "Y Story."

Visit – Check out another Y when you are traveling or on vacation.

January 21 is Martin Luther King, Jr. Day and is a great day to give back to your community. Ask staff about volunteer opportunities. Or consider joining the YMCA Advocates Action Network to help the Y advance policies that enable communities to thrive.

When you become a Y member, you join a community-strengthening organization that welcomes all. People typically join for a specific reason but stay with the Y for the sense of belonging, the support they receive, and many other things we do together to strengthen our community.

nent for a product or service does not constitute an endorsement by YMCA of the USA. For questions about programs and events at your Y, please ask your front-desk staff.



Join – Participate in a social group.

CONNECTING FOR A STRONGER COMMUNITY



The Y.[™] For a better us.