




# DID YOU KNOW THE Y FEEDS KIDS?

**ONE IN SIX CHILDREN** in the U.S. struggle with food insecurity. Their hunger pain is real and so is the impact on our communities:

- **Child hunger** is a reality in every community.
- **Child hunger** is often hidden or invisible.
- **Eighty-four percent of food-insecure households** report buying the cheapest food—instead of healthy food—to provide enough to eat.\*
- **Food insecurity** is linked to poorer health, delayed development, learning difficulties and behavioral challenges.\*
- **The number of children experiencing hunger** spikes in summer, when schools close their doors.



That's why **#TheYFeedsKids** year-round, providing **free** healthy meals to **millions of children and teens** in more than **3,000 communities nationwide**. But we can't do it alone. →

\* FeedingAmerica.org

## 3 WAYS YOU CAN **HELP**

1. Learn the facts about child hunger in your community.
2. Ask your Y how you can help start or support an existing summer food program.
3. Encourage others to join the fight against child hunger.



**1 IN 6 KIDS IS  
STRUGGLING WITH HUNGER!**

Kids struggle most with hunger in the summer.

Join the fight at:  
[TheYFeedsKids.org](http://TheYFeedsKids.org)  
[#TheYFeedsKids](https://twitter.com/TheYFeedsKids)