

## **AQUATICS SCHEDULE**

## **HERNANDO**

<u> </u>	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 am	POOL OPENS AT 5:30	POOL OPENS AT 5:30	POOL OPENS AT 5:30	POOL OPENS AT 5:30	POOL OPENS AT 5:30		
	Family Swim	Family Swim	Family Swim	Family Swim	Family Swim		
	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	CLOSED	CLOSED
	6 Lanes	6 Lanes	6 Lanes	6 Lanes	6 Lanes	i ! !	
	Water Walking 5:30-10:00 am	Water Walking 5:30-10:00 am	Water Walking 5:30-10:00 am	Water Walking 5:30-10:00 am	Water Walking 5:30 am-10:00 am		
6 am	YMCA Swim Team 6:30-8:30	YMCA Swim Team 6:30-8:30	YMCA Swim Team 6:30-8:30	YMCA Swim Team 6:30-8:30	YMCA Swim Team 6:30-8:30		
	Family Swim	Family Swim	Family Swim	Family Swim	Family Swim	CLOSED	CLOSED
	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
	3 Lanes	3 Lanes	3 Lanes	3 Lanes	3 Lanes	<u> </u> 	· <del> </del>
7 am	YMCA Swim Team Family Swim	YMCA Swim Team Family Swim	YMCA Swim Team Family Swim	YMCA Swim Team Family Swim	YMCA Swim Team Family Swim	Family Swim 7:00-8:00 am	CLOSED
	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	
	3 Lanes	3 Lanes	3 Lanes	3 Lanes	3 Lanes	6 Lanes	
·i	YMCA Swim Team	YMCA Swim Team	YMCA Swim Team	YMCA Swim Team	÷ !	<del> </del>	<del> </del>
	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	YMCA Swim Team	Swim Lessons	
	8:30-9:40	8:30-9:40	8:30-9:40	8:30-9:40	Family Swim	8-11:10am	CLOSED
8 am	(Well)	(Well)	(Well)	(Well)	Lap Swim	Lap Swim	
	Lap Swim	Lap Swim	Lap Swim	Lap Swim	2 Lanes	5 Lanes	
	2 Lanes	2 Lanes	2 Lanes	2 Lanes	Water Exercise 8:45-9:30 am	Water Exercise 8:30-9:15am	
	Water Exercise 8:45-9:30 am	Water Exercise 8:45-9:30 am	Water Exercise 8:45-9:30 am	Water Exercise 8:45-9:30 am	0.15 5.50 um		
	SUMMER CAMP	SUMMER CAMP	SUMMER CAMP	SUMMER CAMP	<del></del> !		CLOSED
	9:30-4:00pm	9:30-4:00pm	9:30-4:00pm	9:30-4:00pm	SUMMER CAMP	Swim Lessons	
	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	9:30-4:00pm	8-11:10am	
_	8:30-9:40	8:30-9:40	8:30-9:40	8:30-9:40	Family Swim	Special Olympics 9:00-11:00	
9 am	(Well)	(Well)	(Well)	(Well)	Lap Swim 3 Lanes	2 Lanes	
	Lap Swim	Lap Swim	Lap Swim	Lap Swim 3 Lanes	Water Exercise	Lap Swim	
	3 Lanes	3 Lanes	3 Lanes	Water Exercise	9:45-10:30 am	3 Lanes	
	<b>Water Exercise</b> 9:45-10:30 am	Silver Splash 9:45-10:30 am	Water Exercise 9:45-10:30 am	9:45-10:30 am	<u> </u>	! ! !	
	SUMMER CAMP	SUMMER CAMP	SUMMER CAMP	SUMMER CAMP		Swim Lessons	CLOSED
	Family Swim	Family Swim	Family Swim	Family Swim	SUMMER CAMP	Special Olympics	
	Lap Swim 3 Lanes	Lap Swim 3 Lanes	Lap Swim	Lap Swim	Family Swim Lap Swim	2 Lanes	
10 am	Deep Water	Deep Water	3 Lanes	3 Lanes	3 Lanes	Family Swim	
	Exercise	Exercise	Water Exercise 10:45-11:30 am	Water Exercise	Water Exercise	10:30 am-5:30 pm	
	10:45-11:30 am	10:45-11:30 am		10:45-11:30 am	10:45-11:30 am	2 Lanes	
	SUMMER CAMP		SUMMER CAMP		SUMMER CAMP		
	Family Swim	SUMMER CAMP	Family Swim	SUMMER CAMP	Family Swim	Family Swim	CLOSED
11 am	<b>Lap Swim</b> 3 Lanes	Family Swim	Lap Swim 3 Lanes	Family Swim	Lap Swim		
	Water Exercise	Lap Swim 3 Lanes	Water Exercise	Lap Swim 3 Lanes	3 Lanes	Lap Swim 4 Lanes	
	11:45-12:30 pm	) Lalles	11:45-12:30 pm	5 Lanes	Water Exercise 11:45-12:30 pm		
i	SUMMER CAMP	SUMMER CAMP	SUMMER CAMP	SUMMER CAMP	SUMMER CAMP	Family Swim  Lap Swim  5 Lanes	Family Swin
	Family Swim	Family Swim	Family Swim	Family Swim	Family Swim		Lap Swim
I2 pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		5 Lanes
	3 Lanes	3 Lanes	3 Lanes	3 Lanes	3 Lanes	i J Luncs	Water Walkir 12:00-5:30 p
1 pm	SUMMER CAMP	SUMMER CAMP	SUMMER CAMP	SUMMER CAMP	SUMMER CAMP	Family Swim	Family Swir
	Family Swim	Family Swim	Family Swim	Family Swim	Family Swim	Lap Swim	Lap Swim
	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	5 Lanes	5 Lanes
!	3 Lanes	3 Lanes	3 Lanes	3 Lanes	3 Lanes	į	i

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2 pm	SUMMER CAMP Family Swim Lap Swim 3 Lanes	SUMMER CAMP Family Swim Lap Swim 3 Lanes	SUMMER CAMP Family Swim Lap Swim 3 Lanes	SUMMER CAMP Family Swim Lap Swim 3 Lanes	SUMMER CAMP Family Swim Lap Swim 3 Lanes	Family Swim Lap Swim 5 Lanes	Family Swim Lap Swim 5 Lanes
3 pm	SUMMER CAMP Family Swim Lap Swim 3 Lanes	SUMMER CAMP Family Swim Lap Swim 3 Lanes	SUMMER CAMP Family Swim Lap Swim 3 Lanes	SUMMER CAMP Family Swim Lap Swim 3 Lanes	SUMMER CAMP Family Swim Lap Swim 3 Lanes	Family Swim Lap Swim 5 Lanes	Family Swim Lap Swim 5 Lanes
4 pm	Family Swim Lap Swim 5 Lane	Family Swim Lap Swim 5 Lane	Family Swim Lap Swim 5 Lane	Family Swim Lap Swim 5 Lane	Family Swim Lap Swim 5 Lane	Family Swim Lap Swim 5 Lanes	Family Swim Lap Swim 5 Lanes
5 pm	NO FAMILY SWIM  YMCA Swim Team 5:30-7:00 pm 4 Lanes  Lap Swim 1 Lane  Swim Lessons	NO FAMILY SWIM  YMCA Swim Team 5:30-7:00 pm 4 Lanes  Lap Swim 1 Lane  Swim Lessons	NO FAMILY SWIM  YMCA Swim Team 5:30-7:00 pm 4 Lanes  Lap Swim 1 Lane  Swim Lessons	NO FAMILY SWIM  YMCA Swim Team 5:30-7:00 pm 4 Lanes  Lap Swim 1 Lane  Swim Lessons	YMCA Swim Team 5:30-7:00 pm 3 Lanes Family Swim Lap Swim 3 Lanes	Family Swim Lap Swim 5 Lanes POOL CLOSES AT 5:30 pm	Family Swim Lap Swim 5 Lanes POOL CLOSES AT 5:30 pm
6 pm	1 Lane/Wells  NO FAMILY SWIM  YMCA Swim Team 4 Lanes  Lap Swim 1 Lane  Swim Lessons 1 Lane/Well	NO FAMILY SWIM  YMCA Swim Team 4 Lanes  Lap Swim 1 Lane  Swim Lessons 1 Lane/Well	NO FAMILY SWIM  YMCA Swim Team 4 Lanes  Lap Swim 1 Lane  Swim Lessons 1 Lane/Well	NO FAMILY SWIM  YMCA Swim Team 4 Lanes  Lap Swim 1 Lane  Swim Lessons 1 Lane/Well	YMCA Swim Team 3 Lanes Family Swim Lap Swim 3 Lanes	CLOSED	CLOSED
7 pm	Swim Lessons 1 Lane Family Swim 7:00-9:30 pm Lap Swim 3 Lanes Water Exercise 7:00-7:45 pm	Swim Lessons 1 Lane Family Swim 7:00-9:30 pm Lap Swim 3 Lanes SCUBA 7:00-9:00 pm Water Exercise 7:00-7:45 pm	Swim Lessons 1 Lane Family Swim 7:00-9:30 pm Lap Swim 3 Lanes Water Exercise 7:00-7:45 pm	Swim Lessons 1 Lane Family Swim 7:00-9:30 pm Lap Swim 3 Lanes SCUBA 7:00-9:00 pm Water Exercise 7:00-7:45 pm	Family Swim Lap Swim 5 Lanes	CLOSED	CLOSED
8 pm	Family Swim Lap Swim 4 Lanes	Family Swim  Lap Swim 4 Lanes  SCUBA 1 Lane	Family Swim Lap Swim 4 Lanes	Family Swim  Lap Swim 4 Lanes  SCUBA 1 Lane	Family Swim Lap Swim 5 Lanes	CLOSED	CLOSED
9 pm	Family Swim Lap Swim 4 Lanes POOL CLOSES AT 9:30 pm	Family Swim Lap Swim 4 Lanes POOL CLOSES AT 9:30 pm	Family Swim Lap Swim 4 Lanes POOL CLOSES AT 9:30 pm	Family Swim Lap Swim 4 Lanes POOL CLOSES AT 9:30 pm	Family Swim Lap Swim 5 Lanes POOL CLOSES AT 9:30 pm	CLOSED	CLOSED

**SPLASH PAD HOURS:** Monday-Friday 9am-9pm, Saturday 8am-5:30pm and Sunday 12-5:30pm **AF-** Arthritis Friendly classes

**FAMILY SWIM-** Only offered when the shallow wells are available for non-swimmers **SWIM LESSONS-** Held in the shallow well and lap lanes in the morning and evenings **WATER WALKING-** Is offered when swim lessons and water exercise is not in class **JUNE-JULY:** Camp 9 a.m. -4 p.m. **JUNE-JULY:** Swim Team 6:30-8:30 a.m.