



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

STRONG SWIMMERS, CONFIDENT KIDS

Swim Lessons NORTH PINELLAS YMCA

Important reminders

- Please meet your instructor on the pool deck at least 5 minutes before every class.
- For your child to get the most out of his or her class, we recommend NO SWIMMING before class begins.
- All spectators must watch from lounge chairs on the side of the pool deck.
- If you have questions, please find the deck manager during classes or wait to speak to your instructor after class.
- At least three participants must register for a class for it to take place.
- Please inform the instructor of any special needs or considerations so that we may serve your child to the best of our ability.
- A mid-session report will be given halfway through the session to show your child's progress.
- Certificates of achievement will be given to each child the last day of class, unless requested earlier.

Cancellation and make-up policy

Classes can be canceled due to weather or chemical issues at any moment. If this occurs we will contact you at least 20-30 minutes before your class start time. Please make sure you provide us your BEST contact number. If you do not receive a phone call from the YMCA, classes are still on.

Classes canceled by the YMCA will be made up the week after the last scheduled class at the same time and day.

While efforts will be made to make up all classes, we will not make up the make up classes if time does not permit before the next session.

Pool Rules

- Please walk — do not run on the pool deck.
- No diving in shallow end. Feet-first entries only.
- For health reasons, please do not drink the pool water.
- Children with shoulder-length hair must tie it up.
- Inflatable swim aids are not permitted (i.e., water wings or rafts)
- Please do not hang on the staircase or lane lines.
- Children younger than 14 must complete a swim test and children 9 and younger must be with a parent at all times.
- Proper swim attire is required.
- Please shower before entering the pool.
- Children not yet potty-trained are required to wear a swim diaper under their swimsuits.

NORTH PINELLAS YMCA

4550 Village Center Drive, Palm Harbor FL 34685
P 727 772 YMCA ymcasuncoast.org/northpinellas

Our mission is to put Christian principles into practice through programs that build healthy spirit, mind and body for all.

NORTH PINELLAS YMCA 2017 SWIM LESSONS SCHEDULE

» Please check with the Welcome Center for registration dates and prices. » Safety Around Water Week is June 26-30

Level	Days	Time
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SPRING SESSIONS

Spring I: April 1-22 (4 Saturdays)

Parent/Child	Sat	9 a.m.
Preschool Stages 1-3	Sat	10 a.m.
Preschool Stages 1-3	Sat	10:45 a.m.
Preschool Stages 1-3	Sat	11:30 a.m.
Preschool Stroke Intro	Sat	12:15 p.m.
School Age Stages 1-3	Sat	10 a.m.
School Age Stages 1-3	Sat	11 a.m.
School Age Stroke Intro	Sat	Noon
Stroke Development	Sat	9 a.m.
Adult/Teen	Sat	8:45 a.m.

Spring II: May 1-27 (4 Saturdays)

Parent/Child	Sat	9 a.m.
Preschool Stages 1-3	Sat	10 a.m.
Preschool Stages 1-3	Sat	10:45 a.m.
Preschool Stages 1-3	Sat	11:30 a.m.
Preschool Stroke Intro	Sat	12:15 p.m.
School Age Stages 1-3	Sat	10 a.m.
School Age Stages 1-3	Sat	11 a.m.
School Age Stroke Intro	Sat	Noon
Stroke Development	Sat	9 a.m.
Adult/Teen	Sat	8:45 a.m.

Spring III: May 1-26 (4 weeks)

Water Discovery	M/W	9:20 a.m.
Preschool Stages 1-3	M/W	10 a.m.
Preschool Stages 1-3	M/W	10:45 a.m.
School Age Stages 1-3	M/W	10 a.m.
School Age Stages 1-3	M/W	11 a.m.
School Age Stage 4	M/W	11:30 a.m.
School Age Stage 5	M/W	6:30 p.m.
School Age Stage 6	M/W	7:30 p.m.
Preschool Stages 1-3	T/Th	6:30 p.m.
Preschool Stages 1-3	T/Th	7:15 p.m.

SUMMER SESSIONS

Summer I: May 29-June 23 (4 weeks)

Water Discovery	M/W	9:20 a.m.
Preschool Stages 1-3	M/W	10 a.m.
Preschool Stages 1-3	M/W	10:45 a.m.
School Age Stages 1-3	M/W	10 a.m.
School Age Stages 1-3	M/W	11 a.m.
School Age Stage 4	M/W	11:30 a.m.
School Age Stage 5	M/W	6:30 p.m.
School Age Stage 6	M/W	7:30 p.m.
Water Discovery	T/Th	9:20 a.m.
Preschool Stages 1-3	T/Th	10 a.m.
Preschool Stages 1-3	T/Th	10:45 a.m.
School Age Stages 1-3	T/Th	10 a.m.
School Age Stages 1-3	T/Th	11 a.m.
School Age Stage 4	T/Th	11:30 a.m.
School Age Stage 5	T/Th	6:30 p.m.
School Age Stage 6	T/Th	7:30 p.m.
Preschool Stages 1-3	T/Th	6:30 p.m.
Preschool Stages 1-3	T/Th	7:15 p.m.

Level	Days	Time
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Summer IA: June 10-July 1 (4 Saturdays)

Parent/Child	Sat	9 a.m.
Preschool Stages 1-3	Sat	10 a.m.
Preschool Stages 1-3	Sat	10:45 a.m.
Preschool Stages 1-3	Sat	11:30 a.m.
Preschool Stroke Intro	Sat	12:15 p.m.
School Age Stages 1-3	Sat	10 a.m.
School Age Stages 1-3	Sat	11 a.m.
School Age Stroke Intro	Sat	Noon
Stroke Development	Sat	9 a.m.
Adult/Teen	Sat	8:45 a.m.

Summer II: July 3-28 (4 weeks)

Water Discovery	M/W	9:20 a.m.
Preschool Stages 1-3	M/W	10 a.m.
Preschool Stages 1-3	M/W	10:45 a.m.
School Age Stages 1-3	M/W	10 a.m.
School Age Stages 1-3	M/W	11 a.m.
School Age Stage 4	M/W	11:30 a.m.
School Age Stage 5	M/W	6:30 p.m.
School Age Stage 6	M/W	7:30 p.m.
Water Discovery	T/Th	9:20 a.m.
Preschool Stages 1-3	T/Th	10 a.m.
Preschool Stages 1-3	T/Th	10:45 a.m.
School Age Stages 1-3	T/Th	10 a.m.
School Age Stages 1-3	T/Th	11 a.m.
School Age Stage 4	T/Th	11:30 a.m.
School Age Stage 5	T/Th	6:30 p.m.
School Age Stage 6	T/Th	7:30 p.m.
Preschool Stages 1-3	T/Th	6:30 p.m.
Preschool Stages 1-3	T/Th	7:15 p.m.

Summer IIA: July 15-Aug. 5 (4 Saturdays)

Parent/Child	Sat	9 a.m.
Preschool Stages 1-3	Sat	10 a.m.
Preschool Stages 1-3	Sat	10:45 a.m.
Preschool Stages 1-3	Sat	11:30 a.m.
Preschool Stroke Intro	Sat	12:15 p.m.
School Age Stages 1-3	Sat	10 a.m.
School Age Stages 1-3	Sat	11 a.m.
School Age Stroke Intro	Sat	Noon
Stroke Development	Sat	9 a.m.
Adult/Teen	Sat	8:45 a.m.

Summer III: July 31-Aug. 25 (4 weeks)

Water Discovery	M/W	9:20 a.m.
Preschool Stages 1-3	M/W	10 a.m.
Preschool Stages 1-3	M/W	10:45 a.m.
School Age Stages 1-3	M/W	10 a.m.
School Age Stages 1-3	M/W	11 a.m.
School Age Stage 4	M/W	11:30 a.m.
School Age Stage 5	M/W	6:30 p.m.
School Age Stage 6	M/W	7:30 p.m.
Water Discovery	T/Th	9:20 a.m.
Preschool Stages 1-3	T/Th	10 a.m.
Preschool Stages 1-3	T/Th	10:45 a.m.
School Age Stages 1-3	T/Th	10 a.m.
School Age Stages 1-3	T/Th	11 a.m.
School Age Stage 4	T/Th	11:30 a.m.
School Age Stage 5	T/Th	6:30 p.m.
School Age Stage 6	T/Th	7:30 p.m.
Preschool Stages 1-3	T/Th	6:30 p.m.
Preschool Stages 1-3	T/Th	7:15 p.m.

Level	Days	Time
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Summer IIIA: Aug. 19-Sept. 9 (4 Saturdays)

Parent/Child	Sat	9 a.m.
Preschool Stages 1-3	Sat	10 a.m.
Preschool Stages 1-3	Sat	10:45 a.m.
Preschool Stages 1-3	Sat	11:30 a.m.
Preschool Stroke Intro	Sat	12:15 p.m.
School Age Stages 1-3	Sat	10 a.m.
School Age Stages 1-3	Sat	11 a.m.
School Age Stroke Intro	Sat	Noon
Stroke Development	Sat	9 a.m.
Adult/Teen	Sat	8:45 a.m.

FALL SESSIONS

Fall I: Aug. 28-Sept. 22 (4 weeks)

Preschool Stages 1-3	M/W	11:15 a.m.
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Fall IA: Sept. 23-Oct. 14 (4 Saturdays)

Parent/Child	Sat	9 a.m.
Preschool Stages 1-3	Sat	10 a.m.
Preschool Stages 1-3	Sat	10:45 a.m.
Preschool Stages 1-3	Sat	11:30 a.m.
Preschool Stroke Intro	Sat	12:15 p.m.
School Age Stages 1-3	Sat	10 a.m.
School Age Stages 1-3	Sat	11 a.m.
School Age Stroke Intro	Sat	Noon
Stroke Development	Sat	9 a.m.
Adult/Teen	Sat	8:45 a.m.

Fall II: Sept. 25-Oct. 20 (4 weeks)

Preschool Stages 1-3	M/W	11:15 a.m.
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Fall IIA: Oct. 28-Nov. 18 (4 Saturdays)

Parent/Child	Sat	9 a.m.
Preschool Stages 1-3	Sat	10 a.m.
Preschool Stages 1-3	Sat	10:45 a.m.
Preschool Stages 1-3	Sat	11:30 a.m.
Preschool Stroke Intro	Sat	12:15 p.m.
School Age Stages 1-3	Sat	10 a.m.
School Age Stages 1-3	Sat	11 a.m.
School Age Stroke Intro	Sat	Noon
Stroke Development	Sat	9 a.m.
Adult/Teen	Sat	8:45 a.m.

Fall III: Oct. 23-Nov. 17 (4 weeks)

Preschool Stages 1-3	M/W	11:15 a.m.
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WINTER SESSIONS

Winter I: Dec. 2-23 (4 Saturdays)

Parent/Child	Sat	9 a.m.
Preschool Stages 1-3	Sat	10 a.m.
Preschool Stages 1-3	Sat	10:45 a.m.
Preschool Stages 1-3	Sat	11:30 a.m.
Preschool Stroke Intro	Sat	12:15 p.m.
School Age Stages 1-3	Sat	10 a.m.
School Age Stages 1-3	Sat	11 a.m.
School Age Stroke Intro	Sat	Noon
Stroke Development	Sat	9 a.m.
Adult/Teen	Sat	8:45 a.m.

Starting Oct. 1, all lessons will begin an hour later to combat cold weather.