



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# STRONG SWIMMERS, CONFIDENT KIDS

## Swim Lessons HIGH POINT YMCA

### Important reminders

- Please meet your instructor on deck at least 5 minutes before every class.
- For your child to get the most out of his or her class, we recommend NO SWIMMING before class begins.
- All spectators must watch from the chairs on the side of the pool.
- If you have questions, please find the deck manager during classes or wait to speak to your instructor after class.
- At least three participants must register for a class for it to take place.
- Please inform the instructor of any special needs or considerations so that we may serve your child to the best of our ability.
- A mid-session report will be given halfway through the session to show your child's progress.
- Certificates of achievement will be given to each child the last day of class, unless requested earlier.

### Cancellation and make-up policy

Classes can be canceled due to weather or chemical issues at any moment. If this occurs, we will contact you at least 20-30 minutes before your class start time. Please make sure you provide us your BEST contact number. If you do not receive a phone call from the YMCA, classes are still on.

Classes canceled by the YMCA will be made up the week after the last scheduled class at the same time and day.

While efforts will be made to make up all classes, we will not make up the make up classes if time does not permit before the next session.

### Pool Rules

- Please walk — do not run on the pool deck.
- Always obey the lifeguard
- No diving. Feet-first entries only.
- For health reasons, please do not drink the pool water.
- Children with shoulder-length hair must tie it up.
- Inflatable swim aids are not permitted (i.e., water wings or rafts)
- Please do not hang on the handrails, ropes or lane lines.
- Children younger than 17 must complete a swim test and children 10 and younger must be accompanied by someone 16 or older.
- Proper swim attire is required.
- Please shower before entering the pool.
- Children not yet potty-trained are required to wear a swim diaper under their swimsuits.
- No standing or sitting on the island
- Glass on the pool deck is prohibited.

### HIGH POINT YMCA

5345 Laurel Place, Clearwater FL 33760  
P 727 507 YMCA [ymcasuncoast.org/highpoint](http://ymcasuncoast.org/highpoint)

Our mission is to put Christian principles into practice through programs that build healthy spirit, mind and body for all.

# HIGH POINT YMCA 2017 SWIM LESSONS SCHEDULE

» Please check with the Welcome Center for registration dates and prices.

Level	Days	Time
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## SPRING SESSIONS

### May 1-25 (4 weeks)

Parent/Child	T/Th	5 p.m.
Preschool Stages 1-3	T/Th	5:40 p.m.
School Age Stages 1-3	T/Th	6:20 p.m.

### May 6-June 24 (8 Saturdays)

Parent/Child	Sat	10:40 a.m.
Preschool Stages 1-3	Sat	11:20 a.m.
School Age Stages 1-3	Sat	Noon

## SUMMER SESSIONS

### June 5-29 (4 weeks)

(No class the week of June 26-30)

Parent/Child	T/Th	5 p.m.
Preschool Stages 1-3	T/Th	5:40 p.m.
School Age Stages 1-3	T/Th	6:20 p.m.

Level	Days	Time
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### July 8-Aug. 26 (8 Saturdays)

Parent/Child	Sat	10:40 a.m.
Preschool Stages 1-3	Sat	11:20 a.m.
School Age Stages 1-3	Sat	Noon

## SAFETY AROUND WATER WEEK

### FREE SWIM LESSONS! July 10-14

Preschool	M-F	10:30 a.m.
Preschool	M-F	5:40 p.m.
School Age	M-F	6:10 p.m.

Level	Days	Time
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### July 17-Aug. 10 (4 weeks)

Parent/Child	T/Th	5 p.m.
Preschool Stages 1-3	T/Th	5:40 p.m.
School Age Stages 1-3	T/Th	6:20 p.m.

### Aug. 28-Sept. 21 (4 weeks)

Parent/Child	T/Th	5 p.m.
Preschool Stages 1-3	T/Th	5:40 p.m.
School Age Stages 1-3	T/Th	6:20 p.m.

### Sept. 9-Oct. 28 (8 Saturdays)

Parent/Child	Sat	10:40 a.m.
Preschool Stages 1-3	Sat	11:20 a.m.
School Age Stages 1-3	Sat	Noon

### Oct. 2-26 (4 weeks)

Parent/Child	T/Th	5 p.m.
Preschool Stages 1-3	T/Th	5:40 p.m.
School Age Stages 1-3	T/Th	6:20 p.m.

