



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

CHILD'S NAME

LESSON TIME

STRONG SWIMMERS, CONFIDENT KIDS

Swim Lessons GREATER PALM HARBOR YMCA

Important reminders

- Please meet your instructor on the pool deck at least 5 minutes before every class.
- For your child to get the most out of his or her class, we recommend NO SWIMMING before class begins.
- All spectators must watch from chairs on the side of the pool deck.
- If you have questions, please find the deck manager during classes or wait to speak to your instructor after class.
- At least three participants must register for a class for it to take place.
- Please inform the instructor of any special needs or considerations so that we may serve your child to the best of our ability.
- A mid-session report will be given halfway through the session to show your child's progress.
- Certificates of achievement will be given to each child the last day of class, unless requested earlier.

Cancellation and make-up policy

Classes can be canceled due to weather or chemical issues at any moment. If this occurs we will contact you at least 20-30 minutes before your class start time. Please make sure you provide us your BEST contact number. If you do not receive a phone call from the YMCA, classes are still on.

Classes canceled by the YMCA will be made up the week after the last scheduled class at the same time and day.

While efforts will be made to make up all classes, we will not make up the make up classes if time does not permit before the next session.

Pool Rules

- Please walk — do not run on the pool deck.
- No diving in shallow end. Feet-first entries only.
- For health reasons, please do not drink the pool water.
- Children with shoulder-length hair must tie it up.
- Inflatable swim aids are not permitted (i.e., water wings or rafts)
- Please do not hang on the staircase or lane lines.
- Children younger than 14 must complete a swim test and children 9 and younger must be with a parent at all times.
- Proper swim attire is required.
- Please shower before entering the pool.
- Children not yet potty-trained are required to wear a swim diaper under their swimsuits.

GREATER PALM HARBOR YMCA

1600 16th St., Palm Harbor, FL 34683
P 727 787 YMCA ymcasuncoast.org/palmharbor

Our mission is to put Christian principles into practice through programs that build healthy spirit, mind and body for all.

GREATER PALM HARBOR YMCA 2017 SWIM LESSONS

» Please check with the Welcome Center for registration dates and prices.

Level	Days	Time
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SPRING SESSIONS

March 20–April 13 (4 weeks)

Parent/Child	M/W	5 p.m.
Preschool Stages 1–3	M/W	5:40 p.m.
School Age Stages 1–3	M/W	6:20 p.m.
School Age Stroke Intro	M/W	6:20 p.m.
School Age Stroke Dev	M/W	7:15 p.m.
Parent/Child	T/Th	9:20 a.m.
Preschool Stages 1–3	T/Th	10 a.m.
Parent/Child	T/Th	5 p.m.
School Age Stroke Mech.	T/Th	5:30 p.m.
Preschool Stages 1–3	T/Th	5:40 p.m.
School Age Stages 1–3	T/Th	6:20 p.m.
School Age Stroke Intro	T/Th	6:20 p.m.
School Age Stroke Dev	T/Th	7:15 p.m.

March 25–April 15 (6 Saturdays)

Adult & Teen Stages 1&2	Sat	9 a.m.
School Age Stages 1–3	Sat	10:40 a.m.
Parent/Child	Sat	9 a.m.
Preschool Stages 1–3	Sat	10 a.m.

Level	Days	Time
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April 24–May 18 (4 weeks)

Preschool Stages 1–3	M/W	5 p.m.
School Age Stages 1–3	M/W	5:40 p.m.
School Age Stroke Intro	M/W	6:35 p.m.
Parent/Child	T/Th	10:30 a.m.
Parent/Child	T/Th	10:30 a.m.
Preschool Stages 1–3	T/Th	5 p.m.
School Age Stages 1–3	T/Th	6:20 p.m.
School Age Stroke Intro	T/Th	5:40 p.m.
School Age Stroke Dev	T/Th	5:40 p.m.
School Age Stroke Mech.	T/Th	6:35 p.m.

April 29–May 20 (6 Saturdays)

Parent–Child	Sat	9 a.m.
Preschool Stages 1–3	Sat	10 a.m.
School Age Stages 1–3	Sat	10:40 a.m.
Adult	Sat	9 a.m.

SAFETY AROUND WATER WEEK

May 30–June 3

Preschool & School Age	M–F	10 a.m.
Preschool & School Age	M–F	5 p.m.
Preschool & School Age	M–F	6:30 p.m.

Level	Days	Time
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SUMMER SESSIONS

June 5–July 1 (4 weeks)

(No Class week of June 26–30)

Preschool Stages 1–3	M/W	5 p.m.
School Age Stages 1–3	M/W	5:40 p.m.
School Age Stroke Intro	M/W	6:35 p.m.
Parent/Child	T/Th	10 a.m.
Preschool Stages 1–3	T/Th	5 p.m.
School Age Stages 1–3	T/Th	5:40 p.m.
School Age Stroke Dev	T/Th	5:40 p.m.
School Age Stroke Mech.	T/Th	6:35 p.m.

June 10–July 1 (6 Saturdays)

Adult & Teen Stage 1 & 2	Sat	9 a.m.
School Age Stages 1–3	Sat	10:40 a.m.
Parent/Child	Sat	10 a.m.
Preschool Stages 1–3	Sat	10: a.m.

